FOOD PANTRIES

* Indicates pantries that usually have emergency baby supplies on hand.

Call ahead to check availability of supplies. Basic requirements are (unless otherwise noted):

- Picture ID for adults (18 and over)
- ID for children (Social Security card, medical record, birth certificate, etc.)
- Verification of address (utility bill, lease agreement, etc.)

CENTRAL COMPASSION CENTER
1076 West Indiana Ave, SLC, 84104
Hours: Sa 11 am – 12 noon
Phone: 801-328-0768
Serves: Salt Lake County

CONCERN CENTER OF SALT LAKE
1235 West California Ave. (1330 S.), SLC, 84104
Hours: M 10 am - 1 pm & 6 - 8 pm; W, Th 10 am - 1 pm; Sa 9 am - 12 noon
Phone: 801-972-5708 (Call in advance: appointment only)
Serves: 84101, 84104, 84106, 84111, 84115, and 84116 and below 150% of Federal Poverty Guidelines; case by case consideration.

*CROSSROADS URBAN CENTER (Limit 6 times per year)
347 South 400 East, SLC, 84111
Hours: M – F 9 am – 5 pm
Phone: 801-364-7765
Serves: Salt Lake County

*CROSSROADS WESTSIDE EMERGENCY FOOD PANTRY (Limit 6 times per year)
1358 West Indiana Ave (850 S), SLC, 84104
Hours: M, Tu, Th 9 am – 5 pm
Phone: 801-935-4079
Serves: Salt Lake County

EBENEZER HELPING HAND FOOD PANTRY
820 South 300 East, SLC, 84111
Hours: Sa 10 - 11 am
Phone: 801-355-8826
Serves: Salt Lake County

GRANGER COMMUNITY CHRISTIAN CHURCH FOOD PANTRY
3232 West 4100 South, WVC, 84119
Hours: M 5 - 6:30 pm; Sa 10 am - 12 noon
Phone: 801-966-3301
Serves: 84118, 84119, 84120

*HILDEGARDE’S FOOD PANTRY (Limit 2 visits per month)
231 East 100 South, SLC, 84111
Hours: Tu, W, F, 11 am - 1:30 pm; Th 5 – 6:30 pm
Phone: 801-328-2303
Serves: Salt Lake County

HOPE UNLIMITED CHURCH PANTRY
4115 West Sams Boulevard (5295 South), Kearns 84118
Hours: F 1 - 6 pm
Phone: 801-907-0013
Serves: Those residing in zip codes 84118 & 84123

HOUSE OF PRAYER FOOD PANTRY
829 South 200 West SLC, 84101
Hours: Sa 12 noon – 1 pm
Phone: 801-563-9851
Serves: Salt Lake County

IGLESIA de JESUCRISTO FOOD PANTRY
5846 South 4220 West, Kearns, 84118
Hours: Must arrive M between 8 - 9 am to get a ticket and get in line for food distribution from 11 am - 1 PM
Phone: 801-651-3122
Serves: Salt Lake County

JESUS IS ALIVE FOOD PANTRY
835 East 4800 South, Murray 84107
Hours: Sa 4 - 6 pm
Phone: 801-834-3585
Serves: Those residing in zip code 84107

JEWISH FAMILY SERVICE – SALT LAKE
1111 East Brickyard Road (3200 S) Ste 218, Salt Lake City, 84106
Hours: M - F 10 am - 1 pm
Phone: 801-746-4334
Serves: Salt Lake County and surrounding areas

KEARNS 1ST BAPTIST CHURCH FOOD PANTRY
4445 West 5175 South, Kearns, 84118
Hours: Tu 6:30 - 7:45 pm; W & F 11 am - 2:45 pm (closed 12 noon - 1 pm); Th 1 - 2:45 pm
Phone: Not available but may contact via website
Serves: Salt Lake County

LDS CHURCH WELFARE SQUARE
743 West 700 South, SLC, 84104
Hours: F 1 - 6 pm
Phone: 801-240-7320 (call - Bishop’s order required)
Serves: Salt Lake County

MAGNA FACT
9113 West Magna Main, Ste 101 Magna, 84044
Hours: M - Th 11 am - 4 pm
Phone: 801-250-4811
Serves: Salt Lake County

MOSAIC INTER-FAITH MINISTRIES
4392 South 900 East, SLC, 84124
Hours: M - Th 8:30 am - 3 pm (also by appointment)
Phone: 801-588-0139
Serves: Salt Lake County

MURRAY PARK CHURCH OF CHRIST FOOD PANTRY
494 East 5300 South, Murray, 84107
Hours: Th 9 am – 5 pm
Phone: 801-293-7000
Serves: Salt Lake County

NUEVA ESPERANZA PANTRY
7681 South 2200 West, West Jordan, 84084
Hours: W 4:30 – 6:30 pm
Phone: 801-381-8498
Serves: Salt Lake County

REDEEMED CHRISTIAN CHURCH OF GOD – HOUSE OF HIS GLORY PANTRY
213 West 4800 South, Murray, 84107
Hours: Sa 12 noon – 3 pm; Su 1 - 3 pm
Phone: 801-994-2308
Serves: Salt Lake County
FOOD PANTRIES (continued from p.1)

* Indicates pantries that usually have emergency baby supplies on hand.

RESCUE MISSION OF SALT LAKE
463 South 400 West, SLC, 84101
Hours: M – Sa 9 – 11 am & 2 – 4 pm; Su 2 – 4 pm
Phone: 801-355-1302
Serves: Davis and Salt Lake Counties

SALT LAKE CITY MISSION
1151 South Redwood Rd Ste 106, SLC, 84104
Hours: M - F 7 am - 4 pm; Su 9 am - 3 pm
Phone: 801-355-6310
Serves: Davis, Salt Lake, Weber, and Utah Counties

SOUTH VALLEY JESUS FEEDS FOOD PANTRY
352 West 12300 South Ste 100, Draper, 84020
Hours: Tu - F 10 AM - 5 PM for setting appointments
Phone: 801-688-7251 (Appointment Only)
Serves: Bluffdale, Draper, Herriman, Sandy, South Jordan, Riverton

ST. ANDREW’S FOOD PANTRY
11835 South 3600 West, Riverton, 84065
Hours: Th 5 – 7 pm
Phone: 801-322-5869
Serves: Draper, Cottonwood Heights, Holladay, Midvale, Murray, Salt Lake City, Sandy

ST. JAMES EPISCOPAL CHURCH FOOD PANTRY
7486 Union Park Ave, Midvale, 84047
Hours: 2nd & 4th Su of each month from 1 - 3 pm
Phone: 801-322-5869
Serves: Salt Lake County

TAYLORSVILLE FOOD PANTRY
4775 South Plymouth View Drive (1625 W), Taylorsville, 84123
Hours: M 1 - 3 pm; W 4 - 6 pm; Sa 10 am - 12 noon
Phone: 801-815-0003
Serves: 84123, 84129

THE SALVATION ARMY
437 West 200 South, SLC, 84101
Hours: Lunch: M – F 11:30 am – 12:30 pm; Daily Dinner: 5 – 6 p;
      Brunch: Sa 10 – 11 am
Phone: 801-363-7710

EAGLE RANCH MINISTRIES
500 South 600 West (outdoors), SLC, 84126
Hours: Su 7 – 11 am
Phone: 801-254-4945

GOOD SAMARITAN PROGRAM (Sack lunches)
347 East South Temple
Hours: Daily 9 am – 8 pm
Phone: 801-328-5633

PREPARED MEAL SITES
CATHOLIC COMMUNITY SERVICES OF UTAH - HOMELESS SERVICES
437 West 200 South, SLC, 84101
Hours: Breakfast M – F 8 - 9 am
Phone: 801-355-6310
Serves: Salt Lake County

VOLUNTEERS OF AMERICA YOUTH RESOURCE CENTER
Meals served to homeless or at-risk youth ages 15 to 22.
888 South 400 West, SLC, 84101
Hours: Daily - Breakfast: 8:30 – 9:30 am; Lunch:1 - 2 pm; Dinner: 6 - 7 pm
Phone: 801-364-0744

SUMMER FOOD SERVICE PROGRAM
Meals to children 18 and under during summer vacation. For sites and other
      information, contact Utahns Against Hunger.
Phone: 801-328-2561
Website: www.uah.org
OTHER FOOD RESOURCES

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP) – A Program of the Utah Food Bank
Works to improve the health of low-income elderly people of at least 60 years of age by supplementing their diets with nutritious USDA commodity foods.
Phone: 801-978-2452
Website: utahfoodbank.org

SNAP – Department of Workforce Services (DWS)
SNAP is designed to improve the nutrition of people with low income. Those who meet the eligibility requirements are entitled to receive benefits to cover part of their household food budget.
Phone: 866-435-7414
Website: jobs.utah.gov

UTAH CO-OP
Helps families eat healthier by saving them 25-80% off retail grocery prices. Open to the general public, and no membership is required.
291 East 4500 South, SLC, 84107
Hours: Th 11 am - 2 pm, F & Sa 11 am - 6 pm
Phone: 801-556-2223
Website: www.utahcoop.org

MOBILE PANTRIES – A Program of the Utah Food Bank
Provides fresh produce, dairy, and frozen items (based on availability), free of charge to families and individuals in need.
Phone: Dial 2-1-1
Website: www.utahfoodbank.org/programs/mobile-pantry

WIC (Women, Infants, and Children)
Provides vouchers for specific nutritious food supplements to pregnant, postpartum, and breastfeeding women, and to infants and children up to five years of age, who have been determined to be at nutritional risk due to inadequate nutrition and income.
Phone: 801-273-2991 or 1-877-WIC-KIDS (1-877-942-5437)

ADVOCACY

UTAHNS AGAINST HUNGER
Promotes access to nutritional programs statewide.
764 South 200 West
Phone: 801-328-2561
Website: www.uah.org

Last update: March 2019
Please visit 211utah.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help.
Callers can be linked to resources available from health and human service programs throughout the state.